



Medical Adaptations

WHAT IS A MEDICAL ADAPTATION?

Medical adaptations are for people, including children, who are having difficulty with a normal activity in their homes, such as getting in and out of the bath, climbing stairs or turning on taps. Adaptations are carried out to help make your daily life easier and to allow you to stay safe, comfortable and independent in your home for as long as possible.

Below is a list of some of the adaptations we have carried out.

- Installing a wet-floor shower (so you can just walk in)
- Fitting ramps for wheelchair access
- Installing stairlifts
- Adding handrails and grabrails
- Fitting specialist smoke alarms for deaf people
- Fitting lever taps (which are easier to turn on)

HOW DO I GET A MEDICAL ADAPTATION?

You should contact your local occupational therapist (OT) or your doctor to arrange an assessment of your needs. They will give a level of priority for the adaptation. The assessment should be sent to your local Cairn office.

WHO WILL PAY FOR THE ADAPTATION?

Every year we apply to the Scottish Government for funding to carry out medical adaptations. The Scottish Government will decide on the level of funding we get every year.

WILL I BE OFFERED A MOVE TO ANOTHER PROPERTY?

When you apply to have an adaptation made to your property, your housing officer will look at whether there is a home available that would be more suitable to your needs. You can then choose whether to move.

HOW LONG WILL I HAVE TO WAIT FOR AN ADAPTATION?

This can vary depending on the availability of funding and on the priority rating given by the occupational therapist.

Once we receive your medical assessment, we will assess the situation and consider the request. If no alternative accommodation is available and there is enough funding, the work can begin. This process can take several weeks.

We will keep you updated throughout this process.

WHAT IF THERE IS NO FUNDING LEFT?

If all the allocated funding for your area has already been used up, we will keep your assessment on file until the following financial year. We will review all assessments again when we receive new funding. As we depend on outside funding for adaptations, we cannot provide any guarantee as to when your adaptation will be made.

WHAT IF I CAN'T WAIT UNTIL THERE IS FUNDING?

If there is no funding available, you may consider paying for the adaptation yourself so that the work is carried out more quickly. If you are considering this, please speak to your housing officer who will talk you through the process.



Our mission is to create neighbourhoods where people want to live

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Part of the



This leaflet is available on CD, in braille, in large print and in community languages.

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